

## Types of Intuition:

**Clairvoyance:** The ability to perceive information or events beyond normal human senses, often referred to as "clear seeing." Clairvoyants may have visions or mental images that offer insights into the past, present, or future.

**Clairaudience:** The ability to receive information or messages through auditory perception, commonly known as "clear hearing." Clairaudients may hear sounds, voices, or inner thoughts that provide guidance or understanding.

**Clairsentience:** Also known as "clear feeling," this type of intuition involves an empathic or heightened sense of feeling and sensing emotions, energies, or physical sensations from people, places, or situations.

**Claircognizance (Knowing):** The ability to gain knowledge or understanding about something without any apparent logical or sensory explanation. Those with claircognizance often experience sudden insights or understandings about various topics.

**Clairgustance:** This type of intuition is related to taste and involves receiving information or messages through an unusual taste or flavor without any physical source.

**Clairalience:** Also called "clear smelling," clairalience is the ability to detect scents or odors associated with spiritual energies, events, or entities, even when there is no physical source for the smell.

**Clairtangency (Psychometry):** The ability to gain information or insights by touching an object or person. Also known as "psychometry," clairs tangents may receive impressions or knowledge through physical contact.

**Precognition:** Intuitive knowledge or awareness of future events or experiences, often coming in dreams, visions, or intuitive flashes.



**Retrocognition:** The opposite of precognition, retrocognition involves gaining information or insights about past events or situations, even those that were previously unknown or forgotten.

**Telepathy (Mental Communication):** it is the ability to communicate without verbal/auditory speaking. This skill involves both sending and receiving. Perhaps you are driving home from work and you suddenly feel like picking up some ice cream for dessert. When you arrive home, your partner says that she/he was thinking about serving ice cream for dessert but found none in the refrigerator. You have received he/his telepathic thought.

**Mediumship:** The ability to communicate or connect with the spirits of deceased individuals or non-physical entities. Mediums may convey messages from the spirit world to the living.

